

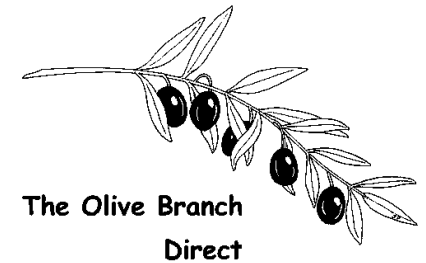


### Website

Are you aware that we are on line?

### Outlets

We have a stall at Totnes and Topsham weekly markets and we also supply some of our range of Mediterranean foods to Dart's Farm Shop at Topsham, Taverner's Farm Shop at Kennford and Powderham Country Store at Kenton.



# "The Olive Branch"

## Quality Mediterranean Foods

Visit our stall to experience the visual delights and wonderful aromas normally associated with shopping on the continent.

The Olive Branch  
contact Sue Prowse  
Oxencombe Farm, Chudleigh  
Devon TQ13 ODY  
tel: 01626 853167 or  
email: [info@olivebranchdirect.co.uk](mailto:info@olivebranchdirect.co.uk)  
web: [www.olivebranchdirect.co.uk](http://www.olivebranchdirect.co.uk)

## **Who we are & what we do**

The Olive Branch offers a unique and carefully selected range of quality foods and gifts from all over the Mediterranean, most of which is only available from smaller producers. In addition we process many of our own real foods at home in our farmhouse using the finest quality ingredients.

## **Why Mediterranean foods are so important**

Olives and olive oil have been grown and eaten for thousands of years throughout the Mediterranean and research suggests the Mediterranean diet, high in both olives and olive oil, limits the incidence of cancer. Olive oil is rich in vitamins A, D & E and contains antioxidants, which are thought to be very important for your heart and in helping to retard the ageing process. As olives and olive oil are low in cholesterol they are also a great choice for those watching what they eat. In short, there is a strong link between olives & a long healthy life, **so enjoy without guilt!**

## **Why not relax with some olives and a glass of wine?**

## **About our olives & olive oils**

Our olives are all naturally cured by traditional methods and are un-dyed. They are freshly prepared and should be kept in the fridge or a cool place to preserve their quality. However as olive oil becomes cloudy and dense at low temperatures it is best to let any of our products that are marinated in olive oil return to room temperature before use.

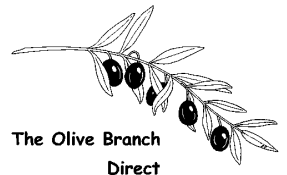
All the olive oils we sell and use in our recipes are extra virgin and cold pressed. This means that they are produced from the first pressing of the olives with an acidity level of less than 1% and are extracted by mechanical pressing without applied heat. The lower the acidity the better the quality of the oil and cold pressing ensures that the important flavours and vitamins remain unchanged.

## **Where to find us**

### **We attend the following weekly markets:**

Totnes market Friday 8.30am to 3.30pm  
at the Civic Square

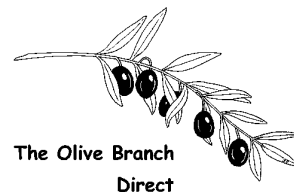
Topsham market Saturday 8.30am to 1pm  
at Matthews Hall



**Please note we do not have a shop at Oxencombe Farm.**

# The Olive Branch

## Price List Winter 2009/Spring 2010



Our product list varies with the seasons and all items are subject to availability.  
Goods can be pre-ordered for collection from Totnes or Topsham Market.

### Oils & Vinegar

**Hellenic extra virgin olive oil** £3.60/500ml,  
or 5 litres available to order £29

**Sunita organic extra virgin olive oil**  
£5.80/500ml

**Puglian extra virgin olive oil** £7.20/500ml

**Tuscan unfiltered extra virgin olive oil**  
£8.75/500ml

**Balsamic vinegar** £3.75/500ml

Pressed from Greek Kalamata olives with a good green colour and grassy flavour, suitable for cooking or salads, or drizzling over pasta and fish.

Produced from organically grown olives from the mountainous area of Southern Peloponnese, with a good fruity scent and a golden colour.

Frantoio Oleario Intini from Southern Italy. Good value oil with an intense bouquet of ripe olives, with a fruity flavour and peppery edge.

This superb green, piquant oil is produced in a small family grove in the Tuscan Maremma, the coastal area of south-west Tuscany.

Fattoria Estense, a great value 6 year old Aceto Balsamico di Modena. Excellent for vinaigrettes & for deglazing your roasting pan.

### Olives

**Whole olives** £2.80/200g

Mixed whole olives with rosemary & sun dried tomatoes.

Black Greek colossal with lemon zest and fresh coriander.

Black Moroccan with extra virgin olive oil & Provencal herbs.

Purple Greek Kalamata.

Green Greek with extra virgin olive oil, fresh garlic & Provencal herbs.

**Pitted olives** £2.80/200g (please note these olives cannot be guaranteed 100% stone free.)

Mixed pitted olives with extra virgin olive oil.

Black Moroccan natural dry pitted.

Black Moroccan with extra virgin olive oil, fresh garlic & Provencal herbs.

Green Greek with a hint of garlic, parsley, lemon & extra virgin olive oil.

Green Spanish stuffed with minced anchovy.

Green Greek stuffed with pimento, almond or garlic.

### Sauces, Tapenade & Hummus

**Harissa** £2.40/200g

Thick chilli and garlic paste. Use as a condiment, or fantastic with a Moroccan tagine or to liven up any dish.

**Pesto** £3/200g

Classic top quality basil sauce, rich and thick with Parmesan & Pecorino cheeses. Wonderful on pasta, in potato gnocchi with fish or chicken dishes, for tossing in the pan with freshly cooked vegetables such as courgettes and in vegetable soups.

**Sun dried tomato paste** £3/200g

Minced sun dried tomatoes with extra virgin olive oil. Wonderful in sauces or on pizzas.

**Black olive tapenade** £3/200g

Thick concentrated olive paste from the Spanish Aragon olive.

**Tapenade with Black Olives & Anchovies**  
£2.20/130g

Made using black sun dried olives, anchovies, capers and garlic. Ideal on biscuits or crispbread as an appetizer.

**Tapenade with Green Olives & Anchovies**  
£2.20/130g

Made with sweet green olives and fragrant coriander seed, it has a less intense flavour than the black olive tapenade.

**Original hummus** £1.70/200g

Plenty of flavour, made using olive oil and our fresh garlic.

**Sesame hummus** £2/200g

As the original hummus with added whole toasted sesame seeds.

**Lime & Coriander hummus** £2/200g

A fresh citrus flavour with the added interest of the coriander seed.

## Vegetables & Fruits

**Greek stuffed vine leaves** 25p each

**Salted capers** £2.80/200g

**Italian sun dried tomatoes** £2.80/200g

**Italian sun dried tomatoes** £3/200g

**Red peppers stuffed with feta** £3/200g

**Peppadew sweet crunchy peppers** £3/200g

**Italian artichoke hearts** £2.80/200g

**Garlic** 65p/bulb

**Peppadew sweet crunchy peppers** £3/200g

**Italian artichoke hearts** £2.80/200g

## Cheeses, Salads & Pasta

**Feta cheese** £3/200g

**Parmigiano Reggiano** £27.50/kg

**Pecorino Sardo Medora** £21/kg

**Freshly prepared salads** £1.20/100g

**Anchovy fillets in olive oil** £2.50/100ml

**Marinated anchovy fillets** £3.20/200g

**Antipasti** £3/200g

**Pasta Saponi di Casa Tagliatelle**

£3.75/250g

## Herbs & Soaps

**Provençal mixed herbs** 90p/65g

**Provençal soap** £3.80/250g or £2.80/150g

Naturally scented with Provençal herbs and honey.

**Oliva Greek pure olive oil soap**

90p each or £4.50/6 bars

**Olive Wood kitchen, home & gift products**

Vine leaves stuffed with aromatic rice and herbs with extra virgin olive oil. Can be eaten cold or hot.

Ideal for use in fish dishes and salads.

Premium grade sun dried tomatoes with a robust flavour and meaty texture, marinated in extra virgin olive oil or with garlic & herbs.

Top quality salted tomato halves. Very good deep red colour juicy and ready to soak and marinade.

Hot peppers stuffed with creamy feta cheese.

Bright red, cup shaped, crunchy peppers with a sweet, piquant flavour. Great in salads, on their own, or served as a starter stuffed with soft cheese.

Premium Italian halved artichoke hearts in an herb vinaigrette.

Quality juicy excellent flavoured bulbs generally from Provence.

Bright red, cup shaped, crunchy peppers with a sweet, piquant flavour. Great in salads, on their own, or served as a starter stuffed with soft cheese.

Premium Italian halved artichoke hearts in a herb vinaigrette.

Traditional Greek feta made using pasteurised sheep's milk. Mild, creamy and delicious. Dressed with extra virgin olive oil, and also with sweet red peppers and Provençal herbs, or preserved lemon and green olives. Also available in brine (to order).

The Hombre Farm is located near Modena, Northern Italy, where they breed their own dairy herd and produce their own pasture and hay. The outstanding parmesan is made and matured for 24 months on site.

Sardinian pecorino hard cheese made from pasteurised sheep's milk and matured for 6 to 8 months. Suitable for grating or for the cheese board.

Salads are available separately or mixed, including Greek and rice.

Salted (but not over salty) fillets packed in a jar with olive oil. Great on pizzas or in tapenade.

Natural silver anchovy fillets in a light sunflower oil based marinade. Lovely with crusty bread and a squeeze of lemon.

A colourful mixture of olives, feta cheese, artichoke hearts and other tasty appetizers. Ideal with pre-dinner drinks.

Excellent quality pasta, handmade using fresh free-range eggs and hand worked dough.

A versatile aromatic general purpose mixture.

Made in Marseille by a master soap maker with olive and vegetable oils, not tested on animals and guaranteed free of artificial colour. Large size available scented with jasmine, lavender, mimosa, lemon verbena, honey and plain olive, or small size with lily of the valley, lavender, lemon verbena and sandalwood.

Ideal for dry or sensitive skin.

We stock a range of good quality natural olive wood products.